### **GALLERY GUIDE**

# INSIDE OUTSIDER GALLERY 113 N. KANSAS AVE. FRANKFORT, KANSAS

## Frankfort to Ghana – Ghana to Frankfort An Educational Exhibition and Fundraiser

Inside Outsider Gallery is pleased to present this exhibition to educate the community about the non-profit organization *Charity Beyond Borders*. Charity Beyond Borders has spent over a decade in Ghana leading humanitarian efforts, health clinics, education, and health care education including a Respiratory Therapy Education Program (first of its kind in Africa).

#### From their website:

"Charity Beyond Borders is a non-profit organization dedicated to providing basic healthcare services as well as health education to the people of Ghana. In the Spring of 2005, Lisa Trujillo, Director of Clinical Education at Weber State University, began teaching a young male student from Ghana. He knew that his people would benefit from the knowledge that Lisa was sharing with him. He invited her, a Doctor of Health Science (DHSc) as well as a Registered Respiratory Therapist (RRT), to come to Ghana and provide education about respiratory therapy and health to the people of Ghana. The following year, as she traveled through Ghana, she knew her life would never be the same.

Along with her family, Lisa took along a few of her students that were able to use the trip as an independent study project. While they were there, they began education courses throughout the community, as well as set up basic health assessment clinics within some of the villages. Ghanaians came from all over the country, waiting all day to receive a free health assessment. As they waited, the students taught them about basic health practices.

Since this experience, Lisa has been traveling to Ghana for over a decade. She established Charity Beyond Borders, which has made it possible for over one hundred students and clinicians to donate their time and services to the people of Ghana."

Dr. Lisa Trujillo and Dr. Karen Schell have helped establish the first bachelor degree program for respiratory care at the University of Ghana in Accra, while also lobbying the country's government to make respiratory therapy a recognized medical profession. The idea for a respiratory therapy program in Ghana began in earnest in 2011. Lisa began traveling to Ghana in 2006 and invited Karen and her husband Jim to join them in 2011. While in Africa, they met a pulmonologist and together were convinced the country had a critical need for training respiratory therapists. By 2013, a collaboration was formed and a new curriculum was approved by the Ministry of Health and the University of Ghana. The first graduates of the bachelor degree program in respiratory therapy at the University of Ghana will be this November 2019. Students from the senior class are hosted by Lisa and Karen at KUMC annually for 30 days to learn along the side of current KUMC RT students. In addition to developing the program, the two of them lead teams of students and volunteers each spring to Ghana to provide education, health assessment, health education, and partnering with communities to provide basic health care throughout the country. Dr. Trujillo is the founder of Charity Beyond Borders and Dr. Schell serves on the board.

In conjunction with Charity Beyond Borders work, students from the Respiratory Therapy Programs in Ghana, Africa and KUMC in Kansas City are in Frankfort, Kansas packaging donations to go to Ghana, Africa. Inside Outsider Gallery is hosting this open house and exhibit for the community to learn more about their effort and solicit donations. Feel free to visit with students, educators, and health care providers to gain insight on the exciting work being done.

#### **IN THE GALLERY**

Take a moment and examine the map of Ghana. Ghana is roughly the size of Kansas with a population of 30.42 million. Charity Beyond Borders' team travels from large coastal cities like Accra to small inland villages like Larabanga. In their travels, the group delivers medical supplies, performs medical education and clinics, and interacts with the communities with craft projects and field days. The group spends 4-5 weeks traveling the country with destinations in both densely

populated urban cities and in remote villages.

The photos taken by Devon J. Trujillo on the summer 2019 trip tell the story more vividly. Captions under the photos help put in to context the day to day work that happens on the yearly spring trip. Each of these images captures an intimate moment on an adventure that creates positive change every year. Feel free to approach Karen, Lisa, or the students with specific questions regarding their work. There are more photos by Devon and Lisa in slide shows on the screen on the north wall and you can follow Devon's work on Instagram @devtrujillo.

Karen Schell's collection of artifacts are on display in the center of the gallery. These items are from Makola Market in Accra and are made to sell to tourists visiting Ghana. These objects are crafted with improvised tools and materials to look aged and emulate the traditional style of objects, that at earlier times would have religious and ritualistic uses. Part of the adventure of collecting these works is haggling with the seller at the market and listening to the stories and sales pitches they have perfected to get the buyer's attention. You can purchase items and fabric from Makola Market at the back east end of the gallery.

Charity Beyond Borders logo is based on *Aya*, the Adinkra symbol for *Endurance and Resourcefulness*. The canvas you see on the wall in the gallery represents the endurance and resourcefulness of the people of Ghana. The enduring joy of the people of Ghana despite adversity and hardship is an inspiration to us all.

The Charity Beyond Borders promotional video was produced by Devon J. Trujillo and was made to outline the non-profit's decade long work in a quick five minute blurb. The images are powerful and highlight the important work happening every year. It is important to note that Charity Beyond Borders is not just giving out handouts. The group is actively working to empower the people of Ghana with education and tools so that they can be autonomous and self determining. Use the headphones to hear the story.

If you would like to make a donation, there are a number of ways to do so. To make a tax deductible donation online, visit <a href="https://www.charitybeyondborders.org">www.charitybeyondborders.org</a>. To make a cash or check donation at the gallery tonight, please put your name and address on an envelope and use the provided donation box. Any donation over \$100 tonight will make you eligible to pick out one photo to take home after the exhibition's closing. Speak with the gallery director or one of the volunteers if you would like to claim a photo (pick early, limited quantity available). We also have items from Makola Market in Accra, Ghana available for sale on the east end of the gallery if you are looking for a unique gift or souvenir. Food from Schell's Kitchen is available for \$6 at the front of the gallery outside and proceeds will benefit this fundraiser.

All proceeds from fund-raising go to support the expenses associated with hosting University of Ghana Respiratory Therapy students as well as other CBB initiatives. All administrative costs are covered by personal donations from the board of directors.

If you would like to volunteer or have donations that could assist in Charity Beyond Border's work, please contact Karen Schell or Lisa Trujillo at <a href="mailto:Charitybeyondbordersinfo@gmail.com">Charitybeyondbordersinfo@gmail.com</a>

Inside Outsider Gallery and Charity Beyond Borders would like to thank Frankfort Lumber, Elsie Grace's, The Banker's Inn, Schell's Kitchen, M & R Auto Parts, Schell Farms, St. Paul's Episcopal Church-Marysville, Frankfort News, and the community.

Special thanks to Casey Trujillo (CBB Vice President) and Jim Schell for their unwavering support of Charity Beyond Borders and the activities that improve healthcare through education and collaborative partnerships in Ghana.

#### About Inside Outsider Gallery:

The mission of Inside Outsider Gallery is to showcase contemporary art and programming without the high pressure of sales or the limitations associated with a typical commercial gallery. The gallery will be a space that engages, challenges, and promotes discourse and conversation in the community. By showing inventive cutting-edge work, the gallery will be a dynamic multipurpose space, participating with the community in contemporary topics and concerns.

Inside Outsider Gallery will be a fluid space that meets the needs of artists of many disciplines and allows the installation and presentation to become an integral part of the creative process. Inside Outsider Gallery will provide the art viewing public with a variety of art experiences and community outreach. The gallery will have a modest 25% commission rate to keep as much profit in the hands of the artists involved with the projects.

By working closely with local individuals, organizations, universities, and institutions, Inside Outsider Gallery will support continued professional growth of artists and help build a community and culture that supports and sustains contemporary art in Kansas.

For more information: visit <a href="www.insideoutsidergallery.com">www.insideoutsidergallery.com</a> or contact <a href="insideoutsidergallery@gmail.com">insideoutsidergallery@gmail.com</a> ©2019 <a href="mailto:antirevelopergallery.com">antirevelopergallery.com</a> or contact <a href="insideoutsidergallery@gmail.com">insideoutsidergallery.com</a> or contact <a href="mailto:insideoutsidergallery@gmail.com">insideoutsidergallery.com</a> or contact <a href="mailto:insideoutsidergallery@gmail.com">insideoutsidergallery@gmail.com</a> <a href="mailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsidergallery@gmailto:insideoutsideo